

# Tri-County Resource Guide

Resources for residents of:  
Gaston, Lincoln, & Cleveland Counties



Community Care

O F N O R T H C A R O L I N A

*Community Health Partners*

200 East Second Avenue, Gastonia, NC 28052

704-874-1920

***\*\*Information is subject to change – Please call agency for verification\*\****

*Revised 4/2017*

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***Offering Assistance to Individuals and Families for Emergency Shelter, Day Shelter, Food, Counseling, Mentoring, Education & Training, Job Placement, Permanent Housing, Medical & Dental Services, Transportation, Child Care***

**HOTLINE NUMBERS:**

AIDS Hotline (Centers for Disease Control) & Prevention	800-232-4636
Alcohol Drug Council of NC	800-688-4232
Alcoholics Anonymous	704-865-1561
Alcohol/Drug Information	800-729-6686
American Council for Drug Ed. (Phoenix House)	800-378-4435
Cocaine Anonymous	425-244-1150
Covenant House Hotline	800-388-3888
Disability Advocacy (Social Security Office)	800-772-1213
Elder Abuse	704-862-7575
Eye Care Project	800-222-3937
Families Anonymous	800-736-9805
Gamblers Anonymous	213-386-8789
GEMS Non-Emergency Number	704-866-3300
Intervention Services (National Counsel on Alcoholism & Drug Dependence)	800-622-2255
Marijuana Anonymous	800-766-6779
Medicine Savings (Discount Cards)	800-511-1314
Narcotics Anonymous	980-200-9349
Nat'l Alliance for Mentally Ill	800-950-6264
Nat'l Domestic Violence Hotline	800-799-7233
Nat'l Health Info. Center	240-453-8280
Nat'l Institute for Drug Abuse	800-662-4357
National STD Hotline	800-227-8922
NC Quit Hotline	800-784-8669
Poison Center	800-222-1222
Runaway Hotline	800-786-2929
Suicide Hotline	800-784-2433
Social Security Admin.	800-772-1213
Tough Love International (Aspen Education Group)	866-828-0178
Veterans Administration	800-827-1000
Veterans Administration Crisis Line	800-273-8255

# Victims of Domestic Violence Gaston County

<b>The Shelter of Gaston County</b> <i>Domestic violence shelter (Battered Women's &amp; Children's Shelter)</i>	704-852-6000
<b>Child Abuse Line (24/7)</b>	704-862-7555
<b>Adult or Elderly Abuse Line</b>	704-862-7575
<b>AVID (Assault, Victimization Intervention &amp; Deterrence)</b> <i>Services include: 24/7 crisis line, medical &amp; legal advocacy, professional individual counseling support groups and assistance in filing 50 B/C and Victim's Compensation</i>	704-864-0060
<b>Domestic Violence Court Advocate</b>	704-862-6682
<b>District Attorney Victim/Witness Program</b>	704-852-3113 / 704-852-3285
<b>Victim Assistance Program</b>	704-866-3378
<b>Gaston Co. Civil Clerk's Office</b>	704-852-3100
<b>Gaston County Police</b>	704-866-3320
<b>Gaston County Jail</b>	704-869-6800
<b>Magistrate Office</b>	704-852-3192
<b>Probation and Parole</b>	704-853-5350
<b>Phoenix Counseling Center</b>	704-861-8014
<b>Sherriff's Office</b>	704-869-6800

## Lincoln County

<b>Amy's House</b> Lincolnton, NC <i>Domestic violence shelter for families in Lincoln Co.</i>	704-736-1224
<b>Lincoln Co. Coalition Against Domestic Violence</b> P.O. Box 476, Lincolnton, NC	704-736-1224 (Crisis Line) 704-736-0112 (Business Line)

## Cleveland County - Shelby

<b>The Abuse Prevention Council</b> <b>(Lighthouse Shelter)</b> <i>For victims of domestic violence &amp; sexual assault, homelessness</i>	704-481-0043 (Crisis Line) 704-487-9325 (Business Line)
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## Mecklenburg County

<b>Safe Alliance/Victim Assistance/Legal Representation</b>	704-336-4126
<b>Shelter for Battered Women</b>	704-332-2513

## State Resources

<b>North Carolina Coalition Against Domestic Violence</b>	888-232-9124 / <a href="http://nccadv.org">http://nccadv.org</a>
<b>Legal Aid of North Carolina</b>	919-856-2564 / 866-219-5262
<b>North Carolina Victim Assistance Network</b>	800-348-5068 / <a href="http://www.ncvan.org">www.ncvan.org</a>
<b>Crime Victim's Compensation Commission</b>	919-733-7974 / 800-826-6200
4703 Mail Service Center, Raleigh, NC	<a href="http://www.nccrimcontrol.org/VJS/">www.nccrimcontrol.org/VJS/</a>

## National Resources

<b>National Domestic Violence Hotline</b>	800-799-SAFE / 800-787-3224 (TDD)
<b>Resource Center on Child Protection and Custody</b>	800-527-3223
<b>Battered Women's Justice Project</b>	800-903-0111
<b>National Resource Center on Domestic Violence</b>	800-597-2238

# Meals at the Salvation Army

## Daily

Breakfast: 6:30 am - 7:00 am

Residents & Non-Residents

Evening Meal: 5:00 pm Residents

5:30 pm - 6:00 pm Non-Residents

## Soup Kitchens

Free Meals for the Homeless  
& Low Income

### **•The Salvation Army**

107 N. Broad Street, **Gastonia, NC**  
7 days a week 5:00 pm - 6:00pm

### **•Bethesda Mission**

255 E. Main Street, **Gastonia, NC**  
Supper 7 days a week (around 8 pm)

### **•Christian Ministries of Lincoln County**

230 E. Water Street, **Lincolnton, NC**  
7 days a week 11:30 am - 12:30 pm

### **•Central United Methodist Church**

200 E. Marion Street, **Shelby, NC**  
Tues & Sat: 11:45 am - 12:30 pm

### **•Christ for the Nations Church**

409 Polkville Road, **Shelby, NC**  
Sunday: 12 Noon

### **•Episcopal Church of the Redeemer**

502 W. Sumter Street, **Shelby, NC**  
Wednesday: 11:30 am - 12:30 pm

### **•First Baptist Church**

120 N. Lafayette Street, **Shelby, NC**  
Friday 12:30 pm -1:30 pm

### **•Gastonia Street Ministry**

516 W. Main Avenue, **Gastonia, NC**  
Supper: Tuesday & Thursday  
(around 8 pm)

### **•King James Baptist Church**

100 E. Georgia Avenue, **Gastonia, NC**  
Supper: 4:30 pm - 6:30 pm, Thursday &  
Friday

### **•Shelby Presbyterian**

226 E. Graham Street, **Shelby, NC**  
Monday & Thursday 11:30 am -12:30 pm

## Area Food Pantries

### **B.R.E.A.D. Inc.**

161-B W. Franklin Blvd. **Gastonia, NC**

704-854-9221

(Hours: Monday - Thursday 9:00 am - 12:00 pm)

(Food and groceries to the homeless, elderly and low-income individuals  
and/or families of Gaston County)

### **Christ Community Church** (no appointment needed)

1128 N. Ransom Street, **Gastonia, NC**

704-866-9801

(Food given every other Friday 3:30 pm - 5:30 pm, must complete food  
bank application on site)

### **Greater Mt. Zion Baptist**

2311 Crescent Lane, **Gastonia, NC**

704-864-8616

(Wednesday only: 9:30 am - 11:00 am - photo ID, SS card and food stamp  
case number needed)

### **New Covenant Food Distribution Center**

631 Efrid Street, **Gastonia, NC**

704-865-7729

(Appointment needed, Food given 2nd Tuesday of each month 6:30 pm.  
First come, first serve)

### **Second Harvest Food Bank**

3146 Dallas High Shoals Hwy., **Dallas, NC**

704-922-1393

(Hours: Monday - Friday 7:30 am - 5:00 pm)

### **S.O.C.K.S., Inc.**

160 Woodlawn Street, **Belmont, NC**

704-827-8780

(Hours: Monday - Friday 10:00 am - 1:00 pm, Closed Wed.)

### **Trinity United Methodist**

1513 Florida Street, **Gastonia, NC**

704-867-7830

(Food boxes -Tuesdays 9:30 am only)

### **U-Can, Inc.**

230 E. Main Street, **Lawndale, NC**

704-538-8417

(Hours: Monday - Thursday 9:00 am - 12:00 pm)

# **Pregnancy Services:**

(Free pregnancy testing, counseling, maternity home placement, baby supplies, maternity clothes, and ultrasounds )  
**See clients by appointment only – No walk-ins.**

**Crisis Pregnancy Center of Gastonia.....704-868-3706**

800 Robinson Road, **Gastonia, NC**

**Hours:**

Monday & Wednesday: 8:30 am - 5:00 pm

Tuesday & Thursday: 8:30 am - 8:00 pm

Friday: 8:30 am - 2:30 pm

**Crisis Pregnancy Center of Gastonia.....704-884-1098**

2782 Fairview Drive, **Gastonia, NC**

**Hours:**

Monday: 1 pm - 3 pm

Friday: 9 am - 11 am

(Does not offer maternity clothes)

**Crisis Pregnancy Center (Belmont).....704-827-0806**

399 Belmont - Mt. Holly Road, **Belmont, NC**

**Hours:**

Monday: 2 pm - 4 pm

Tuesday & Thursday: 9:30 am - 11:30 am

**Crisis Pregnancy Center (Lincolnton).....704-732-3384**

112 Doctor's Park, **Lincolnton, NC**

**Hours:**

Monday, Tuesday & Thursday: 9 am - 5 pm

**Gaston County Health Department 704-853-5000**

991 W. Hudson Blvd., **Gastonia, NC**

**Hours:** 8 am - 5 pm

Pregnancy Test, OB/GYN Services, & Prenatal Care

**Pregnancy Resource Center of Cleveland Co. 704-487-4357**

232 S. Lafayette Street, **Shelby, NC**

Christian ministry providing free pregnancy tests, first and second trimester ultrasound, information on pregnancy, abortion procedures/risks/alternatives and sexually transmitted diseases, clothing and baby furnishings available for mother and baby through the **Solid Foundation**, referrals for adoption, housing, medical care, legal assistance and community services, referrals for Post-Abortion Counseling Education (PACE) for women, volunteer peer counseling for women, men and affected family members.

**Florence Crittenton Services 704-372-4663**

1300 Blythe Blvd., **Charlotte, NC**

A safe place to live during an unplanned pregnancy.

**Offers 3 programs**

- 1) Maternity Program - any age
- 2) Legacy Hall Program - for young girls who are not pregnant; must be in DSS custody. Will learn independent living skills, social skills and increase self-sufficiency.
- 3) Sarah's House - residential program that helps mothers & their babies prepare for self-sufficiency. Serves girls in the legal custody of DSS.

**Place of Refuge 704-868-4636**

800 Robinson Road, **Gastonia, NC**

**Hours:**

Tuesday, Wednesday & Thursday: 8:30 am - 2:30 pm

Adoption agency and adolescent parenting program (age 12-18), but must be in high school & must be the 1st pregnancy. Soon to offer professional counseling & sexually transmitted infection testing Fall of 2017.

**New Life Pregnancy Services Linda Paysour 704-487-4357**

408 E. 8th Avenue, **Gastonia, NC**

Offers pregnancy testing, counseling, and baby items. Also helps with children's clothes (up to size 5/6); may also be able to assist with beds or items of furniture or can put families in touch with someone who can help.

**MiraVia (formerly known as Room at the Inn)**

On Belmont Abbey College Campus

100 Belmont-Mt. Holly Road, **Belmont, NC**

**704-461-6700**

**888-222-0110**

AND

Located in Charlotte at:

3737 Weona Avenue, **Charlotte, NC**

**704-525-4673**

Serves pregnant college students only; offers free housing & support for up to 2 years old while pursuing academic & personal goals.

# Children's Services

<p><b>Partners Behavioral Health Management</b>  <b>Call Access to Care Line:</b>            901 S. New Hope Road, <b>Gastonia, NC</b>            Hours: 24 hours a day/7days a week</p> <p><i>Manages Mental Health (MH), Substance Abuse (SA) &amp; Intellectual/Developmental Disability (I/DD) services for Gaston &amp; Lincoln County residents who are enrolled in Medicaid or if qualify for state funding and is experiencing a crisis or needs MH, SA, or I/DD services.</i></p>	<p><b>1-877-864-1454</b>  <b>1-888-235-4673</b></p>	<p><b>Office of School Readiness</b>            308 W. Marion Street, <b>Shelby, NC</b>  <i>Administers the preschool program for the Cleveland County School System.</i></p>	<p><b>704-476-8180</b></p>
<p><b>Gaston Community Action, Inc.</b>            223 N. Morris Street, <b>Gastonia, NC</b>            Hours: 8:30 am - 5 pm  <i>Head Start Program: Preschool 3 &amp; 4 year olds</i></p>	<p><b>704-866-8721</b></p>	<p><b>The Center of Hope Boys &amp; Girls Club</b>            534 Spratt Street, <b>Charlotte, NC</b>  <i>Afterschool Program for homeless shelter residents</i></p>	<p><b>704-348-2560</b></p>
<ul style="list-style-type: none"> <li>• <b>Oaklawn Head Start Program</b>              410 Linden Street, <b>Lincolnton, NC</b>              Hours: 7:45 am - 2:15 pm  <i>Childcare for ages 3 &amp; 4 years old.</i></li> <li>• <b>Lincoln Park Head Start</b>              140 Industrial Park Road, <b>Lincolnton, NC</b>              Hours: 7:45 am - 2:15 pm  <i>Preschool program for ages 3 &amp; 4 years old</i></li> <li>• <b>Deaton Street Head Start</b>              101 Deaton Avenue, <b>Lincolnton, NC</b>              Hours: 7:45 am - 2:15 pm  <i>Preschool program for ages 3 &amp; 4 years old</i></li> </ul>	<p><b>704-735-4702</b></p> <p><b>704-732-1216</b></p> <p><b>704-732-3201</b></p>	<p><b>NC Cooperative Extension Service</b>  <i>Triple P Program "Positive Parent Program"</i>  <i>Information on parenting for children ages 0 - 5 years old.</i></p> <p><b>A Place to Grow</b>            410 N. Poplar Street, <b>Lincolnton, NC</b>  <i>Childcare for children with and without disabilities</i>  <i>Hours: Monday - Friday 7:30 am - 5:30 pm</i></p>	<p><b>704-922-2122</b></p> <p><b>704-732-1745</b></p>
<p><b>Boy &amp; Girls Club of Greater Gaston</b>            310 S. Boyce Street, <b>Gastonia, NC</b>            Hours: 8 am - 5 pm  <i>After School &amp; Summer Care</i></p>	<p><b>704-864-6171</b></p>	<p><b>Lincoln County YMCA</b>            1402 E. Gaston Street, <b>Lincolnton, NC</b>  <i>Before &amp; after school care</i></p>	<p><b>704-748-9311</b></p>
<p><b>Gaston County YMCA</b>            615 W. Franklin Blvd., <b>Gastonia, NC</b>            Hours: Monday - Thursday: 5:30 am - 9:30 pm / Fri: 5:30 am - 8:00 pm  <i>After School &amp; Summer Care, Scholarships available</i></p>	<p><b>704-865-8551</b></p>	<p><b>Gaston Community Action Lincolnton</b>            124 E. Main Street, <b>Lincolnton, NC</b>  <i>Total family assistance &amp; supportive services.</i></p>	<p><b>704-748-9744</b></p>
<p><b>Gaston County Health Dept.</b>            991 Hudson Blvd., <b>Gastonia, NC</b>            Hours: 8 am - 5 pm</p>	<p><b>704-853-5113</b></p>	<p><b>Boys &amp; Girls Club of Cleveland Co.</b>            412 W. Sumter Street, <b>Shelby, NC</b>  <i>Summer day camp &amp; after school for ages 6 - 18 years old</i></p>	<p><b>704-471-2582</b></p>
<p><b>WIC (Women, Infant, Children)</b>  <i>Prenatal and after care, nutrition and food supplements</i></p>	<p><b>704-853-5009</b></p>	<p><b>Child Care Connection</b>            327 Market Street, <b>Shelby, NC</b>  <i>Information &amp; Referral for child care</i></p>	<p><b>704-487-7397</b></p>
<p><b>Teen Wellness Center</b>  <i>(Ages 12 – 19) Physicals, Sports Physical (GFHS patients only); Immunization; Birth Control &amp; Pregnancy Testing, STD Testing and also a Teen Advocate to answer healthcare questions.</i></p>	<p><b>704-866-6264</b></p>	<p><b>Children's Home of Cleveland Co.</b>            425 Cherryville Road, <b>Shelby, NC</b>  <i>Residential Care for abuse &amp; neglected children</i></p>	<p><b>704-484-2558</b>  <b>704-484-0664</b></p>
<p><b>McKinney-Vento Homeless Liaison</b></p> <p><i>Assist children who are experiencing homelessness with school enrollment and transportation to/from school in order for these students to have the opportunity to be successful and meet the same academic standards as all students.</i></p>	<p><b>704-861-1036</b></p>	<p><b>Cleveland Co. Partnership for Children</b>            105 E. Ridge Street, <b>Kings Mtn., NC</b>  <i>Smart Start Program Birth to 5 years old</i>  <i>Preschool program for 4 year olds</i></p>	<p><b>704-734-2052</b></p>
<p><b>Arc of Gaston County</b></p> <p>200 E. Franklin Blvd., <b>Gastonia, NC</b></p> <p><i>Provide guidance &amp; resources for children &amp; adults with developmental disabilities based on individual needs, financial assistance, specialized summer camp, health &amp; wellness initiatives and advocacy &amp; awareness</i></p>	<p><b>704-866-6160</b></p>	<p><b>Gaston County Schools – Dept. for Exceptional Children</b>            215 W. Third Avenue, <b>Gastonia, NC</b>  <i>Developmental evaluations &amp; services; primary contact for NC Early Intervention Services for preschool Ages 3-5 years old and serves children already enrolled in school Ages 6-21 years old</i></p>	<p><b>704-866-6160</b></p>
<p><b>Bessemmer City Boys &amp; Girls Club</b></p> <p>401 E. Washington Avenue, PO Box 12222, <b>Bessemmer City, NC</b>  <i>Afterschool Care</i></p>	<p><b>704-824-4773</b></p>	<p><b>The Salvation Army Boys &amp; Girls Club</b>            715 N. Main Street, <b>Lowell, NC 28098</b>            Hours: 2 pm – 6 pm  <i>After School &amp; Summer Care ages 5 – 18 years old</i></p>	<p><b>704-629-5663</b></p>



# Special Needs Programs

## Programs to assist persons with identified needs

### Vocational Rehabilitation

109 W. Eighth Avenue, **Gastonia, NC** **704-853-5358**  
 1427 – A E. Marion Street, **Shelby, NC** **704-480-5412**  
 529 N. Aspen Street, **Lincolnton, NC** **704-732-1969**

**Hours:** 8 am - 5 pm

*Provides counseling, training, education, transportation, job placement, assistive technology and other support services to people with disabilities.*

### Gaston Skills, Inc. **704-869-0300**

1301 Bessemer City Road, **Gastonia, NC**

**Hours:** 7:45 am - 4:15 pm

*Serving adults who are mentally challenged in Gaston, Lincoln and the eastern portion of Cleveland County. Programs/services include: adult developmental vocational program, NC innovations, day activity services, life enrichment and production.*

### Partners Behavioral Health Management **877-864-1454**

901 S. New Hope Road, **Gastonia, NC**

*Manages Mental Health (MH), Substance Abuse (SA), & Intellectual/ Developmental Disability (I/DD) services for Gaston & Lincoln County residents who are enrolled in Medicaid or who qualify for state funding.*

Call the **Access to Care Line: 1-888-235-4673 24 hours a day/7 days a week** if someone is experiencing a crisis or needs MH, SA, or I/DD services.

### NAMI (National Alliance for Mentally ILL) **800-950-6264** **Gaston-Lincoln** **704-648-2002**

*The National Alliance on Mental Illness, is the nation's largest grass-roots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.*

### Arc of Gaston County **704-861-1036**

200 E. Franklin Blvd., **Gastonia, NC** [www.gastoncountync.org](http://www.gastoncountync.org)

*Provide guidance and resources for children & adults with developmental disabilities based on individual needs; financial assistance; specialized summer camp; health and wellness initiatives; advocacy and awareness.*

### Gaston College Special Needs Counselor **704-922-6224** **or 704-922-6220**

### Children's Developmental Services Agencies (CDSA)

1429 E. Marion Street, Suite 5, **Shelby, NC** **704-480-5440**

*CDSA are available to help families, caregivers and professional service for children with special needs through the Infant Toddler Program.*

### Gaston Residential Services, Inc. **704-861-9280**

905 North New Hope Road, **Gastonia, NC** [www.grsinc.com](http://www.grsinc.com)

**Hours:** Monday - Friday 8 am - 5 pm

*Provides a variety of services including counseling, vocational, NC waiver, family support and developmental therapy.*

### Adult Day Care Center

900 Roberts Drive, **Gastonia, NC** **704-866-3677**

1122 S. Main Street, **Mt. Holly, NC** **704-827-9148**

### N.C. Division of Services for the Blind **800-422-1895**

5855 Executive Center Drive, Ste. 100, **Charlotte, NC**

*Vocational rehabilitation services for the blind & visually impaired*

### Services for the Blind Of Gaston County **704-862-7622**

330 Dr. Martin Luther King Jr. Way, **Gastonia, NC**

*Eye Exams, glasses, treatment, surgery, some eye meds, referrals for vocational assistance, items free of charge to help in the home*

### Services for the Blind of Cleveland County **704-487-0661 Ext.317**

130 S. Post Road, **Shelby, NC**

*Services include training, job coaching, evaluations, screenings, etc. Referrals for vocational assistance.*

*Depending on the availability of funding can provide eye exams, glasses, treatment, surgery, some eye meds, items free of charge to help in the home.*

### Salem Industries **704-732-1516**

1636 Salem Church Road, **Lincolnton, NC**

**Hours:** 8:00 am - 4:00 pm

*Provides services for individuals with developmental disabilities using real work as a primary job training tool; emphasis is placed on development of socialization and independent living skills.*

### BrightStar Care **704-691-0280**

811 S. Oakland Street, Suite B, **Gastonia, NC**

*Provides comprehensive case management and support for children with disabilities and special needs.*

### TEACCH Autism Program **704-563-4103**

5701 Executive Center Drive, Suite 108, **Charlotte, NC** [www.teacch.com](http://www.teacch.com)

*Offers core services and programs meeting the clinical, training and research needs of individuals with Autism Spectrum Disorder, their families and professionals.*

### CAPC Case Management Providers

•Footprints Case Management Gaston, Lincoln, Cleveland **704-412-2144**

•Lincoln County DSS Lincoln **704-732-1969**

•Monarch Gaston, Lincoln, Cleveland **800-230-7525**

•RHA Gaston, Lincoln, Cleveland **919-803-2960**

•Walker's Home Care Lincoln **252-432-6308**

### Autism Society of NC **704-894-9678**

8420 University Executive Park Drive, Suite 810, **Charlotte, NC**

*Offers individualized consultation services including analysis of individual strengths and needs, enhancing communication, supporting positive behavior, building social skills and increasing independence.*



# Transportation:

## GASTON COUNTY

**(ACCESS) Central Transportation**

To register: 704-862-7513

To schedule a pickup: 704-866-3206 (Call between 9:00 am - 4:00 pm

Monday - Friday)

816 W. Mauney Street, Gastonia, NC

*Trips must be scheduled at least 3 business days up to 2 weeks in advance*

**ACCESS** bus does not run appointments made after 3 pm in Gastonia

**ACCESS** does not run appointments made after 12 pm for out of town

(Charlotte, Shelby, etc)

**ACCESS** bus runs to Salisbury VA on Tuesdays & Thursdays only

**Must have Medicaid or Medicare to qualify & be registered with ACCESS Transportation**

**Gastonia ADA/Paratransit**

**704-866-6855**

Operates curb-to-curb van service for passengers with physical or mental disabilities. Appointments must be made no later than one (1) day prior to service date or up to fourteen (14) days in advance.

Rate: \$2.50 per trip or \$25.00 10-Ride ADA/Para-Transit Van Service

**Service in Gastonia City limits only.**

## City of Gastonia Bus Line

P.O. Box 1748, Gastonia, NC

**704-866-6855**

### Hours of Operation:

Monday - Friday: 5:30 am - 6:30 pm

Saturday: 8:00 am - 6:00 pm

### Fares for City of Gastonia Transit:

Regular Bus Fare (Age 6 & over)	<b>\$1.25</b>
Regular Transfer	<b>Free</b>
Elderly Bus Fare (65 & over)	<b>\$0.60</b>
Handicapped Bus Fare (Fixed route for persons with disabilities)	<b>\$0.60</b>
Elderly & Handicapped Transfer	<b>Free</b>
10-Ride Bus Fare	<b>\$12.00</b>
10-Ride Elderly & Handicapped Bus Fare (65 & older)	<b>\$6.00</b>

**\*\*Children ages 5 and younger may ride free when accompanied by a paying adult passenger**

**\*\*To qualify for the elderly or handicapped reduced bus fare, you will need one of the following forms of identification:**

- Proof of age (Age 65 or older)
- Social Security Health Insurance Card (Red, White & Blue Medicare card)
- Senior Citizen/Handicapped Bus Card (Applications available at Bradley Station)

### Route Map

- Route 1 — Franklin Blvd.
- Route 2 — S. New Hope
- Route 3 — S. Marietta
- Route 4 — S. York
- Route 5 — Edgewood
- Route 7 — Highland
- Route 8 — Hospital/Westfield

## Lincoln County

**Transportation Lincoln County**

115 W. Main Street, Lincolnton, NC

**Medicaid covered appointments**

To register: 704-732-0738

To schedule a pickup: 704-732-3471 or 704-736-8655

### Transportation Lincoln County Additional Services

#### Elderly or Disabled Services covered appointment

Authorization & approval for services

**704-736-8492**

Schedule transportation services

**704-736-2030**

#### Services for the Blind covered appointments

Authorization & approval for services

**704-732-9024**

Schedule transportation services

**704-736-2030**

#### Veterans Services covered appointments

Authorization & approval for services

**704-736-8506**

Schedule transportation services

**704-736-2030**

#### Public and Other Transportation Services

**704-736-2030**

## Cleveland County:

**Transportation Administration of Cleveland Co.**

952 Airport Road, Shelby, NC

To register: 704-487-0661 Ext 757

To schedule a pickup in Cleveland Co.: 704-482-6465

To schedule a pickup OUT of Cleveland Co.: 704-487-0661

To schedule a ride with TAC, please call 48 hours in advance

### Cleveland County Transit

P.O. Box 3210, Shelby, NC

**For more information: 704-482-2311 or 704-482-6465**

Fare: \$1.25 each time you board the vehicle; \$2.50 per deviation

Exact Fare only – Drivers do not have change

For a list of route and route stops visit : [www.taccshelbync.com/cct](http://www.taccshelbync.com/cct)

**Hours: Mon – Fri: 6:00 am / 6:00 pm**

To schedule a ride please call at least 48 hours in advance

### VTS (Volunteer Transportation Services)

**Call: 844-VTS-RIDE (1-844-887-7433)**

**Email: [centralinavts@centralina.org](mailto:centralinavts@centralina.org)**

The service is targeted to adults 50 years and older, veterans and adults with permanent or temporary disabilities.

Call VTS Customer Services Center to get on the inquiry list.

All trips are based on availability of volunteers, but rides are most often available from 8 am - 8 pm (Monday - Friday) and 8 am - 5 pm (Saturday and Sundays).

Please call at least 72 hours before you need your ride.

Requests are made up to 30 days in advance. Destinations can include medical offices, shopping, visiting family, etc.

## NEED INFO...NEED HELP...CALL 211

Housing, financial assistance, counseling, support groups, child resources, budgeting, and much more.

**United Way of Gaston County** 704-864-4554  
200 E. Franklin Blvd. **Gastonia**, NC  
Information & Referral Center

**United Way of Lincoln County** 704-732-8055  
P.O. Box 234, **Lincolnton**, NC

**United Way of Cleveland County** 704-482-7344  
132 W. Graham Street, **Shelby**, NC

## HIV/Hepatitis C Resources

**Gaston Hospice** 704-861-8405  
258 E. Garrison Blvd., **Gastonia**, NC  
**Hours:** 8:30 am - 5 pm  
*AWARE-HIV & AIDS Management.*

**Gaston County Health Dept. /Adult Health** 704-853-5006  
991 W. Hudson Blvd, **Gastonia**, NC  
**Hours:** 8 am - 5 pm  
*HIV & AIDS / Sexually Transmitted Infections Testing*

**Gaston Family Health Services** 704-862-5333  
**Erin Hultgren** 704-862-5357  
991 W. Hudson Blvd., **Gastonia**, NC  
**Hours:** 8 am - 5 pm  
HIV/AIDS Case Management Services

**House of Mercy** 704-825-3000  
100 McAuley Circle, **Belmont**, NC  
**Hours:** 9 am - 5 pm  
*Provides residential & medical care for persons with AIDS*

**Lincoln County Health Department** 704-735-3001  
151 Sigmon Road, **Lincolnton**, NC  
**Hours:** 8 am - 5 pm  
*HIV & AIDS, Sexual Transmitted Infections Testing*

**ALFA (AIDS Leadership Foothills Area)** 828-322-1447 ext. 223  
1120 Fairgrove Church Road Suite #28, **Hickory**, NC  
**Hours:** 9 am - 5 pm  
*Free HIV counseling, testing, and referrals for Lincoln County residents*

**Cleveland County Health Department** 704-484-5100  
**Marsha Harris, Program Director** 980-484-5274  
315 E. Grover Street, **Shelby**, NC  
**Hours:** 8 am - 5 pm  
*HIV & AIDS Case Management*

**Carolinas Care Partnership** 704-531-2467  
**Shannon Warren, Program Director** 704-531-2467 ext. 9581  
5855 Executive Center Drive., Suite 101 **Charlotte**, NC  
*HIV/Prevention Interventions, HIV Counseling and Testing, Housing and Supportive Services*

## Alcohol Abuse/ Narcotics Resources

**Julian F Keith Alcohol & Drug Abuse Treatment Center**  
201 Tabernacle Road., **Black Mountain**, NC 828-257-6200  
*Residential Treatment program, Referrals from mental health, Sliding Scale according to income*

**The Salvation Army Adult Rehabilitation Center** 704-332-1171  
1023 Central Avenue, **Charlotte**, NC  
*Residential Housing for men with addictions*

**Charlotte Rescue Mission** 704-333-4673  
907 West 1st Street & 2855 West Blvd., **Charlotte**, NC  
*Provides drug and alcohol recovery program for men & women*

**Cornerstone Christian Center** 704-867-8749  
325 Dr. Martin Luther King Jr. Way, **Gastonia**, NC  
*Treatment program for Men with substance abuse issues*

**Flynn Christian Fellowship Home** 704-865-9395  
311 S. Marietta Street, **Gastonia**, NC (Men)  
*Serves as a half-way house after a client has completed a 28 day substance abuse program. Call for availability.*

**Pathways Substance Abuse Recovery Center** 704-476-4131  
124 S. Post Street, **Shelby**, NC  
*Gaston & Lincoln Counties*

**Phoenix Counseling & Crisis Center** 704-842-6359  
2505 Court Drive, **Gastonia**, NC

**Progressive Recovery Resources** 704-891-6404  
1801 N. Tryon Street #325, **Charlotte**, NC 704-733-9251  
Owner Ameer Green  
*Gaston & Mecklenburg Counties*

**Safe Harbor Rescue Mission** 828-855-9055  
210 2<sup>nd</sup> Street SE, **Hickory**, NC  
*Residential Treatment Program for Women*  
*Provides safety, shelter, and positive programming during daytime hours for homeless women and children*

**Veterans Administration Medical Center** 704-638-9000  
1601 Brenner Avenue, **Salisbury**, NC 800-469-8262  
*Outpatient Substance Abuse treatment*

**Crossroads Rescue Mission** 704-484-8772  
206 Mt. Sinai Church Road, **Shelby**, NC  
*Housing program for Men with substance abuse issues*

# Helping Agencies

## Assistance for low income persons

- Belmont Community Organization (BCO)** 704-825-4526  
91 E. Catawba Street, **Belmont**, NC  
**Hours:** Monday - Friday 9 am - 1 pm  
*Assistance with food, clothing, medicine, rent, electric/gas bill, household items, fuel and shelter.*
- Bessemer City Crisis Center** 704-629-2147  
111 N. 12th Street, **Bessemer City**, NC  
**Hours:** Mon: 11 am - 4 pm / Tues: 9 am - 4 pm / Wed: 9 am - 2 pm / Thurs: 9 am - 2 pm / Fri: 9 am - 4 pm / Sat: 9 am - 2 pm  
*Assistance with clothing, utilities, medical bills, medicine, food, housing, rent, information/referrals*
- Cherryville Area Ministries** 704-435-3816  
212 N. Mountain Street, **Cherryville**, NC  
**Assistance:** 8:30 am - 3:00 pm Monday, Tuesday & Thursday  
**Store Hours:** Monday - Friday Hours: 8 am - 5 pm  
**Saturday Hours:** 9:00 am - 1:00 pm  
*Assistance with clothing, food, financial assistance for rent, utilities, medicine and medical bills*
- Cramerton Ministerial Associates** 704-756-1531  
171 S. Main Street, **Cramerton**, NC  
**Hours:** 9 am - 3 pm Call for Appointment  
*Assistance with utilities, medicine and gas - Cramerton Residents only*  
*Food Pantry for anyone in need*
- Dallas/High Shoals Christian Ministry** 704-922-1236  
110 S. Gaston St., **Dallas**, NC  
**Hours:** Closed Monday, Tuesday & Friday 9am - 12noon  
Wednesday & Thursday: 1pm - 4 pm  
*Assistance with rent and utilities, resources (food and clothing), and spiritual help*
- Crisis Assistance Ministries (CAM)** 704-867-8901  
805-B W. Airline Ave., **Gastonia**, NC  
**Hours:** 9 am - 1:15 pm Monday - Thursday (Closed Friday)  
*Assistance with food, rent, utilities, medicine.*  
*First come first served*  
*Line up starts @ 9 am for Gastonia residents only.*
- American Red Cross-Gaston County Chapter** 704-864-2623  
190 S. Oakland Street, **Gastonia**, NC  
**Hours:** Monday-Friday 9am - 5 pm  
*Provides disaster relief including single family fire assistance*  
*Help get emergency messages for military families*
- Greater Gaston Baptist Association** 704-867-7257  
1607 Rankin Lake Road, **Gastonia**, NC  
**Hours:** Monday - Thursday 8 am - 4 pm  
*Assistance with clothing, food, utilities, medications, furniture, appliances, household items, school supplies*
- Heart Society of Gaston County** 704-865-1214  
1201 E. Garrison Blvd., **Gastonia**, NC  
*Assistance with heart medications for Gaston County residence*
- The Salvation Army** 704-867-6145  
107 S. Broad Street, **Gastonia**, NC  
**Hours (Intake):** Monday - Sunday 1 pm - 4 pm  
*Assistance with food, clothing, rent, utilities and medicine*
- Christian Ministries of Lincoln County** 704-732-0383  
207 S. Poplar Street, **Lincolnton**, NC  
**Hours:** Monday - Friday 9 am - 1 pm  
*Assistance with food, utilities, furniture, prescriptions*
- Community Relief Organization of Mt. Holly** 704-827-0450  
2120 Spring Street, **Mt. Holly**, NC  
**Hours:** Monday 9 am - 12:30 pm / Wed - Friday 9 am - 12:30 pm  
*Assistance with food, clothing, rent, heat, electric bills and medicine*
- Gaston Community Action, Inc.** 704-861-2283  
223 N. Morris Street, **Gastonia**, NC  
**Hours:** Monday - Thursday 9 am - 5 pm / Wed - Friday 8:30 pm - 5 pm  
*Provides a variety of assistance programs*
- Cancer Services of Gaston County** 704-864-1271  
306 S. Columbia Street, **Gastonia**, NC  
**Hours:** Monday - Thursday 9 am - 5 pm / Friday 9 am - 2 pm
- Lowell Crisis Ministry** 704-824-3383  
1101 N. Main Street, **Lowell**, NC  
**Hours:** Monday - Thursday 7:30 am - 4 pm
- Stanley Emergency Relief Fund. Inc.** 704-263-5649  
528 S. Highway 27, **Stanley**, NC
- Higher Ground Ministry-Ranlo Church of God** 704-681-4896  
1825 Spencer Mtn. Road, **Ranlo**, NC  
**Hours:** First Saturday and Third Sunday of each month 1 pm - 3 pm  
*Assistance with groceries, clothes, shoes, toys, etc. Helps with job interviews and connection to community resources.*

## Emergency Housing and Shelters

Temporary alternative to unsafe inhabitable living conditions until permanent housing is reached

- Cleveland Co. Abuse Prevention Council** 704-481-0043  
PO Box 2589, **Shelby**, NC  
*Lighthouse Shelter - homeless women & children.*
- Cleveland County Rescue Mission** 704-481-1889  
110 Buffalo Street, **Shelby**, NC  
*Shelter for homeless men*
- South Mountain Children & Family Service** 828-584-6127  
7330 Myrtle Drive, **Nebo**, NC  
*Offers care for abused, neglected & dependent children.*
- The Salvation Army** 704-867-6145  
Hours: 24 hours a day/7 days a week  
107 S. Broad Street, **Gastonia**, NC  
*Emergency shelter for men, women and families.*
- With Friends Youth Shelter.** 704-691-7116  
2098 Keith Drive, **Gastonia**, NC  
**Hours:** 8 am - 5:30 pm  
*Shelter for homeless teens, ages 10-17 years old, up to 21 days*
- Discovery Home Care**  
704-854-9351 2429 Lynn Drive, **Gastonia**, NC  
**Open 24 hours a day/7 days a week**  
*Emergency Shelter for Youth*
- Amy's House** 704-736-1224  
**Lincolnton**, NC  
*Emergency Shelter for Women & Children of domestic abuse*
- Hesed House of Hope** 704-732-0175  
100 Ann Gaither Court, **Lincolnton**, NC  
**Intake Hours:** 6:00 pm - 6:30 pm 7 days week Dec. 2 - April only  
*Shelter for homeless*
- Relatives Crisis Youth Shelter** 704-377-0602  
1100 East Blvd # 460, **Charlotte**, NC  
*Ages 7 - 17 years old, 14 day stay*
- Men's Shelter of Charlotte** 704-334-3187  
1210 N. Tryon Street, **Charlotte**, NC  
3410 Statesville Avenue, **Charlotte**, NC
- The Salvation Army Center of Hope for Women & Children** 704-348-2560  
534 Spratt Street, **Charlotte**, NC  
*Homeless Shelter for women & children*
- Cleveland County Rescue Mission** 704-751-1262  
301 N. Washington Street, **Shelby**, NC  
*Shelter for women & children*
- Phoenix Community Outreach Center** 855-527-4747  
809 W. Airline Avenue, **Gastonia**, NC  
*Homeless assistance and prevention*
- Center of Hope Emergency Shelter** 704-867-6145  
107 South Broad Street, **Gastonia**, NC

## Transitional Housing

Temporary Housing with services to help persons & families reach permanent housing

- Catherine's House, Inc.** 704-825-9599  
PO Box 1633, **Belmont**, NC  
**Hours:** 24 hours a day/7 days a week  
*Three month residential program for single women & women with children only. Screening Required*
- Family Promise** 704-854-9880  
PO Box 67, **Gastonia**, NC  
*Homeless married couples or single parents with children*
- Oxford House** 704-671-4376  
315 3rd Street, **Gastonia**, NC 919-520-5793  
*For men in recovery from substance abuse. Individual should be in recovery at least 3 months & have some form of income. An Oxford House describes a democratically run, self-supporting, and drug free home. Each House represents a remarkably effective and low cost.*
- Off The Streets Program, Inc.** 704-214-3331  
**Gastonia**, NC  
*Program geared for women struggling with addictions to learn to live without drugs & become responsible members of society*
- Gastonia's Potters House** 704-824-3698  
PO Box 322, **Lowell**, NC  
**Hours:** 24 hours a day/7 days a week  
*Residential program for single women with substance abuse*

## Free Government Cell Phones

### **Safelink Wireless Free Cell Phones**

**1-800-378-1684**

9700 N.W. 112th Avenue, **Miami**, FL

**[www.safelinkwireless.com](http://www.safelinkwireless.com)**

*The original and largest provider can give you a phone and 250 minutes and 1,000 texts each month.*

### **Access Wireless**

**1-800-464-6010**

**[www.accesswireless.com](http://www.accesswireless.com)**

*Get a free cell phone, 250 minutes and UNLIMITED texts per month.*

### **Assurance Wireless**

**1-888-898-4888**

P.O. Box 686, **Parsippany**, NJ

**[www.assurancewireless.com](http://www.assurancewireless.com)**

*Free phone, 350 minutes and UNLIMITED texts per month.*

### **Do you qualify?**

- **Supplemental Nutrition Assistance Program (Food Stamps or SNAP)**
- **Medicaid**
- **National School Lunch Program's Free Lunch Program**
- **Federal Public Housing Assistance (Section 8)**
- **Supplemental Security Income (SSI)**
- **Low-Income Home Energy Assistance Program (LIHEAP)**
- **Temporary Assistance to Needy Families (TANF)**
- **Head Start (if income eligibility criteria are met)**
- **Bureau of Indian Affairs General Assistance**
- **Food Distribution Program on Indian Reservations (FDPIR)**
- **Tribally-Administered Temporary Assistance for Needy Families (TTANF)**
- **State Assistance Programs (check your state)**

*If you don't receive any of these public assistance benefits, you may also qualify if your total household gross monthly income is low enough.*



# Medical and Dental

Services & Med Pay Assistance for persons with limited income

<b>CaroMont Regional Medical Center</b> (formerly Gaston Memorial Hospital) 2525 Court Drive, <b>Gastonia</b> , NC	<b>704-834-2000</b>	<b>Gaston County Health Department</b> 991 W. Hudson Blvd, <b>Gastonia</b> , NC	<b>704-853-5000</b>
<b>Carolinas Medical Center - Lincoln</b> 433 McAlister Road, <b>Lincolnton</b> , NC	<b>980-212-2000</b>	▪Women's Health & Maternity	<b>704-853-5009</b>
<b>Broughton Hospital</b> 1000 S. Sterling Street, <b>Morganton</b> , NC <i>Inpatient facility for those in need of psychiatric or long term care</i>	<b>828-433-2111</b>	▪Summit Midwifery	<b>704-853-5464</b>
<b>Carolinas Healthcare System-Cleveland</b> 201 E. Grover Street, <b>Shelby</b> , NC	<b>980-487-3000</b>	▪Breast and Cervical Cancer Control Program	<b>704-853-1550</b>
<b>Carolinas Healthcare System-KM</b> 706 W. King Street, <b>Kings Mtn.</b> , NC <i>Emergency services, Medical Care, inpatient psychiatric services</i>	<b>980-487-5000</b>	▪Family Planning	<b>704-853-5009</b>
<b>Community Foundation of Gaston Co.</b> 1201 E. Garrison Blvd., <b>Gastonia</b> , NC <i>Medical assistance for children under 18</i>	<b>704-864-0927</b>	▪Fathers Forever	<b>704-853-5009</b>
<b>Lincoln County Health Dept.</b> 151 Sigmon Road, <b>Lincolnton</b> , NC	<b>704-735-3001</b>	▪General Clinic/Immunization Program	<b>704-853-5257</b>
		▪Communicable Disease	<b>704-853-5003</b>
		▪Tuberculosis Control	<b>704-853-5002</b>
		▪Adult Health Clinic/HIV/STD Clinic	<b>704-853-5007</b>
		▪Pharmacy	<b>704-853-5011</b>
		<b>Cleveland County Health Dept.</b> 200 S. Post Road, <b>Shelby</b> , NC	<b>980-484-5100</b>
		<b>The Salvation Army Center of Hope</b> <b>Free Medical Clinic</b> 534 Spratt Street, <b>Charlotte</b> , NC <i>Free medical care for homeless shelter residents</i>	<b>704-348-2560</b>
<b>GFHS Dental Clinic</b> 991 W. Hudson Blvd., <b>Gastonia</b> , NC <b>Hours:</b> Monday-Thursday 8 am - 7 pm, Friday 8 am - 5 pm Children appointments are made between Monday - Friday 8 am-5 pm <i>No insurance necessary. Adult &amp; child dental services. Adults must call 1st day of month for an appointment. Medicaid accepted.</i>	<b>704-853-5191</b>	<b>Bessemer City Health Care Center</b> 119 W. Pennsylvania Avenue, <b>Bessemer City</b> , NC <b>Hours:</b> Monday - Friday 8 am - 5 pm <i>Primary family health care</i>	<b>704-629-3465</b>
<b>Dental Clinic of Cleveland County</b> 200 S. Post Road, <b>Shelby</b> , NC <b>Hours:</b> Monday - Friday 8 am - 5 pm Appointments are made on the 2nd & 4th Wednesday <i>Adults &amp; children -billed on a sliding fee scale, Medicaid or dental insurance.</i>	<b>704-484-5260</b>	<b>Gaston Family Health Services</b> 991 W. Hudson Blvd., <b>Gastonia</b> , NC <b>Hours:</b> Monday - Thursday 8 am - 9 pm; Friday 8am - 5 pm <i>No insurance necessary for medical and psychiatric treatment. Medicaid accepted. Medication assistance program available.</i>	<b>704-853-5079</b>
<b>GFHS Pediatric Dentistry</b> 890 Summit Crossing Place, <b>Gastonia</b> , NC <b>Hours:</b> Monday - Thursday 7 am - 6 pm, Friday 8 am - 5 pm <i>Accepts ages 0 to 18 years.</i>	<b>704-874-0377</b>	<b>Gaston Family Medical Center</b> 111 East 3rd Avenue, <b>Gastonia</b> , NC <b>Hours:</b> Monday - Thursday 8 am - 7 pm; Friday 8 am - 5 pm	<b>704-874-3300</b>
		<b>Highland Health Center</b> 609 North Highland Street, <b>Gastonia</b> , NC <b>Hours:</b> Monday - Friday 8 am - 5 pm	<b>704-833-1550</b>
		<b>Helping Hands Health Center</b> 206 Gamble Drive, Suite C, <b>Lincolnton</b> , NC <b>Hours:</b> Monday - Friday 8 am - 5 pm	<b>704-735-7145</b>



## Hospice/Palliative:

<p><b>Gaston Hospice</b> 258 E. Garrison Blvd., <b>Gastonia</b>, NC</p>	<p><b>704-861-8405</b></p>	<p><b>Hospice &amp; Palliative Care Lincoln County</b> 107 N. Cedar Street, <b>Lincolnton</b>, NC</p>	<p><b>704-375-0100</b></p>
<p><b>Inpatient Hospice Robin Johnson House</b> 5005 Shepherds Way Drive, <b>Gastonia</b>, NC</p>	<p><b>704-922-4211</b></p>	<p><b>Hospice &amp; Palliative Care Cleveland</b> 951 Wendover Heights Drive, <b>Shelby</b>, NC <i>Serving Lincolnton, Gastonia and Cherryville</i></p>	<p><b>704-487-4678</b></p>
<p><b>Presbyterian Hospice &amp; Palliative Care</b> 324 N. McDowell Street, <b>Charlotte</b>, NC <i>Provides palliative care consults in the home, assisted living and skilled nursing settings. Serves Mecklenburg, Gaston, Cabarrus and Union Counties.</i></p>	<p><b>704-384-6478</b></p>	<p><b>Hospice &amp; Palliative Care of Catawba Valley, Inc.</b> 3967 Robinson Road, <b>Newton</b>, NC <i>Serving Lincoln &amp; Gaston Counties</i></p>	<p><b>828-466-0466</b></p>

## Support Groups:

<p><b>Man to Man Prostate Cancer Group</b> CaroMont Cancer Center Gaston Memorial Hospital <i>Provides support and information on prostate cancer to men and their spouses</i></p>	<p><b>704-834-3551</b></p>	<p><b>Family Support Network of the Foothills</b> 312 W. Marion Street, <b>Shelby</b>, NC <i>Covers Cleveland, Gaston, Lincoln, Polk and Rutherford counties This program offers support for families and children with special needs by providing one-on-one parent match with a trained support parent for emotional support, assistance in finding community resources and sharing parenting experiences.</i></p>	<p><b>704-480-5620</b></p>
<p><b>Look Good...Feel Better Seminar</b> CaroMont Cancer Center Gaston Memorial Hospital <i>Offering cosmetic advice for women experiencing side effects of chemotherapy or radiation treatments.</i></p>	<p><b>704-834-3551</b></p>	<p><b>Kids Path</b> 1420 E. Seventh Street, <b>Charlotte</b>, NC Chameleon's Journey, for children and teens Hospice &amp; Palliative Care Charlotte region <i>Program for infants to 18 years of age, provides home health care, hospice care, or supportive care for seriously ill children and teens and their families. Supportive services include individual or group support and a grief camp.</i></p>	<p><b>704-375-0100</b></p>
<p><b>The Compassionate Friends</b> First Presbyterian Church, 1621 E. Garrison Blvd., <b>Gastonia</b>, NC <i>Monthly support group for people who have lost a child</i></p>	<p><b>704-865-7229</b></p>	<p><b>Lupus Support Group</b> Northlake Mall <i>Fact, Fiction and Hope Support Group for patients with Lupus and their families LiveWELL Carolinas!</i></p>	<p><b>704-494-2237</b></p>
<p><b>Alzheimer's Support Group</b> Gaston Hospice Office, 258 E. Garrison Blvd., Water Tower Place <b>Gastonia</b>, NC <i>Monthly support group for people who are caring for a loved one with Alzheimer's disease or other forms of dementia.</i></p>	<p><b>704-922-4211</b></p>	<p><b>Diabetes Management</b> Carolinas Medical Center Lincoln 433 McAllister Road, <b>Lincolnton</b>, NC Lincoln Cancer Support Group Gaston College Lincolnton Campus South Aspen Street, <b>Lincolnton</b>, NC <i>Classes and education support sessions</i></p>	<p><b>980-212-6037</b></p> <p><b>704-735-8668</b></p>
<p><b>Reach to Recovery</b> CaroMont Cancer Center Gaston Memorial Hospital <i>Trained volunteer breast cancer survivors provide emotional support and resources to women newly diagnosed with breast cancer.</i></p>	<p><b>704-834-3551</b></p>	<p><b>P.O.W.E.R.(Program for Oncology Wellness Education and Rehabilitation)</b> Cardiac Health <i>Each cancer patient receives a rehabilitation program to improve functioning and promote physical and emotional well-being during the four week program, free for all cancer patients treated through Gaston Memorial Hospital and the affiliated physicians.</i></p>	<p><b>704-671-7930</b></p>

## Education & Job Training

<p><b>Gaston Literacy Council, Inc.</b> <span style="float: right;"><b>704-868-4815</b></span>            116 S. Marietta Street, <b>Gastonia</b>, NC  <b>Hours:</b> Monday - Thursday 9 am - 6 pm            Friday 9 am - 1 pm  <i>GED Prep, Citizenship, English as a 2nd language, Reading skills, Career Readiness Certification (CRC), adult basic education</i></p>	<p><b>Cleveland Community College</b> <span style="float: right;"><b>704-669-6000</b></span>            137 S. Post Road, <b>Shelby</b>, NC</p> <ul style="list-style-type: none"> <li>• Adult Literacy</li> <li>• Adult High School &amp; GED Prep</li> <li>• English as a Second Language (ESL)</li> </ul>
<p><b>Employment Security Commission</b> <span style="float: right;"><b>704-853-5328</b></span>  <b>Gaston County</b>            1391 Bessemer City Road, <b>Gastonia</b>, NC  <b>Hours:</b> Monday - Thursday 8:30 am - 4:30 pm            Friday 8 am - 1 pm  <i>Assistance in employment, testing, counseling &amp; training</i></p>	<p><b>Job Connection-Employment Assistance</b> <span style="float: right;"><b>704-916-1610</b></span>            116 Armstrong Street, <b>Gastonia</b>, NC  <b>Hours:</b> Monday - Friday 8 am - 4:30 pm</p>
<p><b>Employment Security Commission</b> <span style="float: right;"><b>704-735-8035</b></span>  <b>Lincoln County</b>            529 N. Aspen Street, <b>Lincolnton</b>, NC  <b>Hours:</b> Monday - Friday 8 am - 4:30 pm  <i>Assistance in recruitment, employment, testing, counseling and training.</i></p>	<p><b>NC Works Career Center-Lincolnton</b> <span style="float: right;"><b>704-735-8035</b></span>            529 N. Aspen Street, <b>Lincolnton</b>, NC  <b>Hours:</b> Monday - Friday 8 am - 4:30 pm</p>
<p><b>Employment Security Commission</b> <span style="float: right;"><b>704-480-5414</b></span>  <b>Cleveland County</b>            404 E. Marion Street, <b>Shelby</b>, NC  <b>Hours:</b> Monday - Friday 8:30 am - 5 pm  <i>Assistance in employment, testing, counseling and training.</i></p>	<p><b>Cleveland NC Works</b> <span style="float: right;"><b>704-669-4729</b></span>            LeGrande Conference Center            1800 E. Marion Street, Suite 6103, <b>Shelby</b>, NC  <b>Hours:</b> Monday - Friday 8 am - 4 pm  <i>Assists in obtaining necessary skills to land a job in Cleveland County.</i></p>
<p><b>Goodwill Job Connection</b> <span style="float: right;"><b>704-916-1610</b></span>            412 S. Broad Street, <b>Gastonia</b>, NC  <b>Hours:</b> Monday - Friday 8 am - 4:30 pm  <i>Job training and employment services, job search, computer classes, resume preparation.</i></p>	<p><b>Gaston Youth Works-</b> <span style="float: right;"><b>704-862-7525</b></span>  <b>Gaston Workforce Development Programs</b>            330 Dr. Martin Luther King Jr. Way, <b>Gastonia</b>, NC</p>
<p><b>Goodwill Job Connection – Lincolnton</b> <span style="float: right;"><b>704-732-6844</b></span>            510 Vaughn Way, <b>Lincolnton</b>, NC  <b>Hours:</b> Monday - Friday 8 am - 4:30 pm</p>	<p><b>Gaston Workforce-Development Board</b> <span style="float: right;"><b>704-862-7891</b></span>            330 Dr. Martin Luther King Jr. Way, <b>Gastonia</b>, NC</p>
	<p><b>Gaston County Work First</b> <span style="float: right;"><b>704-862-6624</b></span>            330 Dr. Martin Luther King Jr. Way, <b>Gastonia</b>, NC  <i>Provides financial assistance for income-eligible families (which must include a legal caretaker of a child under the age of 19) for up to 24 months while the adults in the household are engaged in approved work activities or search for employment.</i></p>
	<p><b>Gaston Community Action</b> <span style="float: right;"><b>704-861-2283</b></span>            223 N. Morris Street, <b>Gastonia</b>, NC  <b>Hours:</b> Monday - Friday 8:30 am - 5 pm  <i>Assists low-income residents of Gaston, Lincoln, Cleveland and Stanly Counties with employment.</i></p>

### **Gaston College/Eligibility for Disability Support Services Supporting Your Needs**

Gaston College provides education and support in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. If you have a documented disability and would like to discuss how you may be eligible to receive special accommodations while attending Gaston College, please call the Special Needs Counselor at **704-922-6224** or **704-922-6220**.

A disability is an impairment that substantially limits one or more major life activities. We will provide reasonable accommodations to students who have a disability or disabilities including but not limited to:

- Visual Impairment
- Hearing Impairment
- Mobility/Manual Impairment
- Health Impairment
- Mental Health Impairment
- Cognitive or Learning Disorders

## Social Services

### **Gaston County Dept. of Health & Human Services**

330 Dr. Martin Luther King Jr. Way, **Gastonia**, NC

**Hours:** 8:30 am - 5 pm

- Main Phone Number **704-862-7500**
- Medicaid **704-862-7500 Option 2**
  - Family & children under 18
  - Adults with no children
- Food Stamps **704-862-7500 Option 1**
- Work First **704-862-7500 Option 3**
- Child Care Division **704-862-7500 Option 3**  
(Vouchers)
- Adult Protective Service **704-862-7575**
- Child Protective Service **704-862-7555**

### **Cleveland County Social Services**

**704-487-0661**

130 S. Post Road, **Shelby**, NC

**Hours:** 8:30 am - 5 pm

### **Lincoln County Social Services**

**704-732-0738**

1136 E. Main Street P.O. Box 130, **Lincolnton**, NC

**Hours:** 8:30 am - 5 pm

## Social Security Administration

### **Social Security Administration-Gaston and Lincoln Counties**

**866-331-2193**

609 Cotton Blossom Circle, **Gastonia**, NC

### **Social Security Administration-Cleveland County**

**877-405-3576**

707 Schenck Street, **Shelby**, NC

### **Social Security National Hotline**

**800-772-1213**

*You can apply online, phone or in person.*

[www.ssa.gov](http://www.ssa.gov)

## Veteran Services

### **Veterans Services of Gaston Co. 704-866-3606**

965 Roberts Drive, **Gastonia**, NC

**Hours:** 8:30 am - 11:30 am Walk-ins  
12:30 pm - 4:30 pm Appointments only

**[veteranservices@gastongov.com](mailto:veteranservices@gastongov.com)**

*Assist Veterans signing up for services*

### **NC Division of Veteran Affairs 252-355-9052**

#### **Tri-County Blinded Veterans Association**

519 W. Franklin Blvd., **Gastonia**, NC **704-862-7622**

*Meets on the 4th Tuesday of the month every 3 months at 10 am at Gastonia Adult Recreation Center*

#### **Employment Security Commission-NC Works**

1391 Bessemer City Road, **Gastonia**, NC **704-853-5328**

**Hours:** Monday - Thursday 8:30 am - 4:30 pm,  
Friday 8 am - 1 pm

*Veteran Service, job placement*

### **United Veterans of America 704-868-4674**

4025 W. Franklin Blvd., **Gastonia**, NC

**Hours:** 12 pm - 8 pm

### **Disabled American Veterans 704-864-0716 & 704-678-2099**

Meeting Place: 709 Cason Street, **Belmont**, NC

Mailing Address: P.O. Box 551413, **Gastonia**, NC

*Meets once a month, on the 3rd Thursday at 5 pm  
(no meeting in July & Dec)*

### **Veteran Services of Lincoln County 704-736-8506**

206 Gamble Drive, **Lincolnton**, NC

### **Cleveland County Veteran Services 704-484-4803**

311 E. Marion Street, **Shelby**, NC

### **National Military Personnel Records Center**

9700 Page Avenue, **St. Louis**, MO **314-801-0800**

### **Department of Veterans Affairs 800-827-1000**

#### **Vet Center 704-549-8025**

2114 Ben Craig Drive, Suite 300, **Charlotte**, NC

#### **VA Medical Centers**

- **Asheville**, NC **800-932-6408** or **828-298-7911**
- **Durham**, NC **888-878-6890** or **919-286-0411**
- **Fayetteville**, NC **800-771-6106** or **910-488-2120**
- **Salisbury**, NC **800-469-8262** or **704-638-9000**

#### **VA Outpatient Clinics**

- **Charlotte**, NC **704-597-3500**
- **Hickory**, NC **828-431-5600**

### **Military Women "Voices of Victory" 704-806-7963**

*Meets 4th Monday every month 5:30 pm - 7:30 pm at the Red Cross*